

**Hannah Nolte, PhD, RN, PMHNP-BC**  
**Curriculum Vitae**

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**EDUCATION**

| <b><u>Institution and Location</u></b>                      | <b><u>Date</u></b> | <b><u>Degree</u></b>                                                         |
|-------------------------------------------------------------|--------------------|------------------------------------------------------------------------------|
| Vanderbilt University<br>School of Nursing<br>Nashville, TN | 2023               | PhD in Nursing Science                                                       |
| Vanderbilt University<br>School of Nursing<br>Nashville, TN | 2017               | Master of Science in Nursing<br>Psychiatric-Mental Health Nurse Practitioner |
| Vanderbilt University<br>Nashville, TN                      | 2015               | Bachelor of Arts<br>Major in Psychology                                      |

**Dissertation Title**

Women's Responses to a Mindfulness-Based Body Scan

**EMPLOYMENT**

| <b><u>Institution and Location</u></b>                             | <b><u>Title/Position</u></b>   | <b><u>Dates</u></b> |
|--------------------------------------------------------------------|--------------------------------|---------------------|
| University of Alabama Huntsville<br>Huntsville, AL                 | Clinical Assistant Professor   | 2024-present        |
| Light on Yoga Fitness<br>Huntsville, AL                            | Yoga Teacher                   | 2024                |
| Empowered Heart Integrative<br>Mental Health Care<br>Nashville, TN | Psychiatric Nurse Practitioner | 2022-present        |
| University of Alabama Huntsville<br>Huntsville, AL                 | Clinical Instructor            | 2021                |
| TMS Huntsville<br>Huntsville, AL                                   | Psychiatric Nurse Practitioner | 2020-2022           |
| Tennessee Valley Life Center<br>Huntsville, AL                     | Psychiatric Nurse Practitioner | 2019-2020           |
| Saint Thomas Medical Partners                                      | Psychiatric Nurse Practitioner | 2017-2019           |

Updated 8/4/2025

Nashville, TN

## **PUBLICATIONS**

Crenshaw, J, Adams, E, Gilder, R, **Nolte, H.** (2021). Development of an Instrument to Measure Health Professionals' Beliefs About Skin-to-Skin Care During a Cesarean. Maternal and Child Nutrition.

## **PRESENTATIONS**

**Nolte H.** Women's Experience of Body Awareness. (August 2020). Oral Presentation, Neurocardiology Grand Rounds, Vanderbilt University, Nashville, TN.

**Nolte H,** Dambrino K, Arbegust A. Self-Care Behavior Interventions in an Addiction Recovery Population. (July 2016). Poster Presentation, Tennessee Public Health Association, 2016 Annual Conference, Murfreesboro, TN.

## **RESEARCH EXPERIENCE**

- |           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2023      | PhD Dissertation "Women's Responses to a Mindfulness-Based Body Scan" <ul style="list-style-type: none"><li>• PI for single-group, pre-post study that quantitatively examined changes in affect and anxiety, and qualitatively explored women's experiences following a mindfulness-based body scan intervention among women with trauma and PTSD.</li><li>• Currently preparing first-author manuscripts for publication in peer-reviewed journals.</li></ul> |
| 2020      | University of Alabama Huntsville in collaboration with Texas Tech University College of Nursing and Baylor Medical Center <ul style="list-style-type: none"><li>• Research assistant for study of skin-to-skin care implementation in the operating room after cesarean sections.</li><li>• Analyzed qualitative data independently and synthesized findings in collaboration with research team.</li><li>• Attended research team meetings.</li></ul>          |
| 2013-2014 | Vanderbilt University Medical Center <ul style="list-style-type: none"><li>• Research assistant supervised by Carrie Greuter, PhD</li><li>• Conducted literature review and wet lab analysis in neuroscience laboratory.</li><li>• Conducted PCR, qPCR, mRNA extraction, and collection of tissue samples.</li></ul>                                                                                                                                            |

## **HONORS AND AWARDS**

- |           |                                                                                                                                                        |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2018-2023 | Centennial Fellowship, Vanderbilt University School of Nursing                                                                                         |
| 2018-2023 | School of Nursing Tuition Scholarship, Vanderbilt University School of Nursing                                                                         |
| 2016      | Julia Hereford Scholar, Julia Hereford Society of Vanderbilt School of Nursing<br>Awarded based on faculty/alumni committee recommendation and 4.0 GPA |

- 2016 Vanderbilt University School of Nursing Presentation Scholarship  
Funding to present poster at 2016 Tennessee Public Health Association Conference
- 2011-2015 Dean's List, Vanderbilt University

## GRANTS

### Awarded Grants

- 2022-2023 **Nolte H** (PI), Rhoten B, Dietrich M. Women's Responses to a Mindfulness-Based Body Scan, Student Achievement Research Award, Vanderbilt University School of Nursing, \$2,710.
- 2022-2023 **Nolte H** (PI), Rhoten B, Dietrich M, Lutenbacher M. Women's Responses to a Mindfulness-Based Body Scan, Vanderbilt CTSA, NIH/NCATS, \$2,000. (UL1 TR002243)
- 2020 **Nolte H** (PI), Lutenbacher M, Rhoten B. Women's Responses to a Mindfulness-Based Body Scan: A Pilot Study, Design studio, Vanderbilt CTSA, NIH/NCATS, \$500. (UL1 TR002243)

## SERVICE

- 2023-present Clinical Preceptor of Psychiatric Mental Health Nurse Practitioner student, Vanderbilt University
- 2022 Clinical Preceptor of Psychiatric Mental Health Nurse Practitioner student, University of Alabama Birmingham
- 2020-present Board Member, Vanderbilt University School of Nursing Alumni Board
- 2020-2023 PhD Curriculum Sub-Committee student board member, Vanderbilt University School of Nursing
- 2019-2023 Board Member, North Alabama Coalition for the Homeless
- 2018 Clinical Preceptor of Psychiatric Mental Health Nurse Practitioner student, University of Tennessee
- 2007-2015 Darien Emergency Medical Services, Darien, CT
- Volunteered as Emergency Medical Technician-B and ambulance driver.
  - Served on officer board with responsibilities including bylaw review, new member approval, member promotion, and disciplinary action.
  - Taught CPR as an American Heart Association Certified Baseline Life Support Instructor.

## LICENSURE AND CERTIFICATIONS

|           |                                                                                                |
|-----------|------------------------------------------------------------------------------------------------|
| 2019-2025 | Registered Nurse-State of Alabama/Multistate, License #1-176367                                |
| 2017-2027 | Advanced Practice Registered Nurse, State of Tennessee, License #23200                         |
| 2017-2027 | Psychiatric Nurse Practitioner, American Nurse Credentialing Center, Certification #2017018111 |
| 2016-2021 | Registered Nurse-State of Tennessee, License #217543                                           |

## **SKILLS AND TRAININGS**

|      |                                                                                                                                                                                                                                                               |
|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2023 | 200-Hour Certified Kripalu Yoga Teacher (Yoga Alliance Approved)                                                                                                                                                                                              |
| 2022 | Transcranial Magnetic Stimulation (TMS) PULSES course, Clinical TMS Society                                                                                                                                                                                   |
| 2020 | Scientist as Educator – Independent Study Course <ul style="list-style-type: none"> <li>Designed course to prepare doctoral and postdoctoral students for the academic educator role. Created objectives, modules, and assessments for the course.</li> </ul> |
| 2019 | Addressing Adverse Childhood Experiences/Trauma Across Healthcare Settings, American Psychiatric Nurses Association Tennessee chapter conference                                                                                                              |
| 2018 | Posttraumatic Stress and Related Disorders: the latest from neurobiology to treatment, Harvard Medical School conference                                                                                                                                      |
| 2019 | Building Resilience through Cognitive Reappraisal and Lifestyle Modification, McLean Hospital course                                                                                                                                                          |
| 2017 | Yoga for Trauma and Resiliency-Level 1, Sacred Roots Wellness, approved by Yoga Alliance Continuing Education Provider (YACEP)                                                                                                                                |
| 2017 | Mindfulness Based Stress Reduction, Osher Center for Integrative Medicine at Vanderbilt University Medical Center                                                                                                                                             |